



Tuesday, February 16, 2021

Dear Residents, Families and Friends of Palisade Gardens and James Club:

As the government slowly eases restrictions for citizens across the province, we must continue to be mindful and proceed with caution. The new variants are a major threat and until herd immunity is achieved our community remains at high risk.

The good news is that the stay-at-home order has been lifted for many Ontario regions, including ours, and the province is transitioning back to the [Keeping Ontario Safe & Open Framework](#). Our region is now in the Orange - Restrict level of the framework which means that we must continue to adhere to enhanced protection measures.

What this means for Palisade Gardens and James Club:

- No indoor or outdoor guests are permitted at this time;
- Residents are permitted only one essential visitor at this time – a healthcare provider or person assisting with care who has preregistered with Dana, our Director of Care;
- Residents can leave for essential purposes (i.e., medical appointments, medication purchases or groceries);
- Residents are permitted outside on the Palisade Gardens and James Club properties while wearing a face mask and practicing social distancing.

While residents can leave for essential purposes, we ask that everyone weigh the risks closely before doing so and if it is necessary to leave please follow all safety measures and remain cautious. A reminder that all necessities can be delivered to Palisade Gardens and James Club easily, this includes all groceries and prescriptions, and we encourage delivery when it makes sense to do so. If anyone needs help arranging a delivery, please let us know and we will be happy to help coordinate.

We know the restrictions can be isolating and so we want to encourage residents to engage in social activities which are now permitted for groups of up to 10 residents. We also want to encourage residents to connect virtually with family and friends. For anyone needing help to coordinate a virtual visit please let us know and we can help. Fresh air helps and when the weather permits, we urge residents to take advantage of the designated areas outside.

Our priority is maintaining a healthy and safe environment so that residents can continue to move around freely and participate in social activities and dining services - thanks for everyone's support in helping us realize this commitment. If you have any questions, please contact Micki directly.

Sincerely,

Jason Mercier, Director of Operations, Retirement Life Communities Group of Companies, and
Micki McLean, General Manager, Palisade Gardens and James Club Retirement Residences