



June 8, 2021

Dear Residents and Families,

With the recent news of the province gradually reopening we would like to provide you all with some communication on what this means for Palisade Gardens and James Club residents and families.

Palisade Gardens and James Club will continue to take all necessary steps and directives provided by the Ministry of Health and Public Health to ensure the health and safety of the residents and staff during the Covid-19 Pandemic. We must continue to follow Public Health measures at all times regardless of vaccination status. This includes wearing a mask and maintain physical distancing with the exception of a brief hug.

Effective Wednesday, June 9, 2021, resident screening for covid-19 symptoms will now be completed once a day (previously twice). This includes a temperature check.

Residents are permitted to leave the facility for daily social outings with friends and families while practicing all precautionary measures.

Onsite visits may resume in our designated areas by appointment only starting Wednesday, June 9, 2021. Visits may occur at our outdoor or indoor designated area. Please call reception to book your time to ensure the space is available and to avoid unnecessary congestion. Visits will be booked in 30 min increments to ensure equitable access for all residents.

- Visitors must pass screening requirements and follow public health measures.
- Masks must be worn at all times. When visiting indoors, a medical mask is required. Outdoor visitors may wear a medical or cloth mask. No eating or drinking permitted.
- Visitors and residents must maintain physical distancing for the duration of the visit with the exception of brief physical contact when hugging.

#### Activities Can Resume

We are thrilled to announce that starting next week resident activities and social events may resume following proper precautions and directions.

- Indoor social gatherings and organized events for residents must not exceed 25% of the total capacity of the room.
- Outdoor social gatherings and organized events for residents must be limited to no more than 25 people.

Some activities to look forward to including:

- Bingo and cards
- Happy Hour one day a week
- Entertainment in the courtyard
- Exercise Classes can resume indoors at capped size
- Walking group to continue

Be sure to watch the activity calendar for further activities and events.

We would like to thank all residents and families for following the directives and the support provided throughout the pandemic. It has been a long road we have travelled together in keeping everyone safe and we will continue down this road together.

We will continue to update everyone as new information comes available.

Stay safe

Dana Dudley, Director of Care

Micki McLean, General Manager